

# Wales Activity Breaks

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## Quad Biking & RIB Speedboat (inc pub lunch)

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### Suggested Itinerary

- 10.45am Arrive at the centre, kit out
- 11.00am Quad Biking trek out through the countryside on our 360 acre working hill farm
- 12.15pm Depart for Cardiff Bay
- 1.20pm Lunch in one of the many restaurants and cafes on the Bay
- 2.30pm Meet RIB instructor for a safety briefing and kit out
- 3.00pm Adventure RIB Speedboat experience through Cardiff Bay and out onto the Bristol Channel
- 4.00pm Activity finishes, depart

