

# Wales Activity Breaks

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## Quad Biking safe driving session, RIB Speedboat experience & Tour of the Millennium Stadium (inc packed lunches on board the Lightship Cafe)

### Suggested Itinerary

- 10.15am Arrive Taff Valley
- 10.45am Quad Bike practical driving
- 11.45am Activity ends, short debrief
- 12.00pm Depart for Cardiff
- 12.30pm Tour of the Millennium Stadium
- 1.30pm Packed Lunch break
- 2.15pm Short Drive to the Bay
- 2.30pm Meet RIB instructor, kit out
- 3.00pm Adventure RIB experience
- 4.00pm Activities end, depart

