# Wales Activity Breaks

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### Weekend Sports Tour staying at a Country Park B&B on a Full Board basis, with activities of Quad Biking, Archery & RIB Speedboat

## The Country Park B&B

Situated in the next town to Pontypridd, this relaxed country park, offers excellent quality B&B accommodation.

Panoramic views of the Cynon Valley. Lakes and parks are plenty here.

Set in a small courtyard, with a museum, café and sitting area on site.

Comfortable rooms, with en suite facilities.

Free parking. No bar on site.

Located in a town called Aberdare, just 15 mins from Pontypridd.







#### Friday

Travel down to South Wales and check into the B&B

Evening meal and then a night walk or team quiz

#### Saturday

Saturuay	
8.30am	Breakfasts
9.10am	Depart for activities
9.45am	Bus drops half the group off at quad bike centre, then departs
	for Cardiff Bay with the other half of the group.
	Group (A) – split into 2 further groups
	10.00am Quad Biking & Archery
	11.30am Swap over activities
	Group (B) – meet RIB Skipper on Cardiff Bay
	11.00am Adventure RIB Speedboat trip
	12.00pm Activity finishes
12.15pm	Mini bus picks Group (B) up from the Bay and drops them off at
	Frankie & Benny's restaurant, then gets the other group from
	the quad centre and brings them down to the restaurant .
1.00pm	Buffet of pizza's, chips, garlic bread, chicken wings etc
2.15pm	Bus take Group (B) up to the quad centre, then
	takes Group (A) down to Cardiff Bay.
	Group (B) – split into 2 further groups
	2.30pm Quad Biking & Archery
	4.00pm Swap over activities
	Group (A) – meet RIB Skipper on Cardiff Bay
	3.30am Adventure RIB Speedboat trip
4.45	4.30pm Activity finishes
4.45pm	Bus takes Group (A) back to accommodation, stopping off
C 00	to pick up Group (B) on the way
6.00pm	Arrive at country park, check in
7.00pm	Evening Meal at the B&B

In the evening perhaps a night walk, or chill out in the outdoor space and lounge.

#### Sunday

8.30am Breakfast, check out and depart for Rugby festival in Pontypridd



