

# Wales Activity Breaks

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## Weekend Sports Tour staying at a Budget Cardiff Hotel on a B&B basis, with activities Quad Biking, RIB Speedboats and Paintball

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### The budget city centre hotel

### The new concept budget hotel in the city centre

A brand new hotel in the city centre, offering a new kind of service and a great base to explore Cardiff, Europe's youngest capital city.

Close to all the shops, bars and clubs Cardiff has to offer.

A basic hotel with a reception and breakfast are but nothing else just rooms.

Its not graded as yet, but will probably be a 2\* hotel. This means the rates are very affordable.

Nice self-service continental breakfast included in the cost.

Each room has a separate toilet, a wash basin in the room and a small shower cubicle in the room. Each room has a double bed with a single bunk bed above the double bed. Nice plasma TV's in each room, but no other facilities.

Parking is charged at £3 per day.



# Suggested Itinerary

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## Friday

*Travel down to Cardiff and check into the hotel.*

*In the evening, why not dine at a restaurant or cafe bar (like The Hard Rock Cafe)*

*Maybe visit the local ice skating rink, multi screen cinema or bowling complex which is very near the dormitory.*



## Saturday

8.00am Breakfast at the hotel

8.30am Group splits into two groups as follows;



### Group (A)

8.45am Gets dropped off at the waterfront

9.00am Meet Mike the skipper, kit out

9.30am Adventure RIB Speedboat trip

10.30am Activity finishes, coach picks up and departs for Taff Valley



11.00am Coach arrives at bottom of our track, drops group off and picks up Group B, land rovers transfer group to the activity centre (coach goes back to Cardiff Bay)

11.15am Kit out for activity

11.30am Quad Biking

12.45pm Activity finishes, coach departs for Cardiff Bay



## Group (B)

- 8.45am Coach departs for Taff Valley
- 9.15am Arrive at bottom of track, land rovers transfer group to the activity centre (coach goes back to Cardiff Bay)
- 9.30am Kit out for activity
- 9.45am Quad Biking
- 11.00am Activity finishes, group gets back on the coach and departs for Cardiff Bay (coach returns to Taff Valley after dropping them off)
- 12.00pm Arrive in the Bay, meet Mike, kit out
- 12.30pm Adventure RIB Speedboat ride
- 1.30pm Activity finishes, coach picks up



## Both Groups (A) & (B)

- 1.45pm Coach departs Cardiff Bay for paintball centre, eats packed lunches on the way
- 2.30pm Arrive at centre, kit out
- 3.00pm Paintball
- 6.00pm Activity finishes, coach returns to hotel



## Sunday

- 8.30am Breakfasts at the dormitory
- 9.30am Pack and check out, depart for local club
- 10.30am Friendly match with local team before departing home

